Leicester Masterclass on Interventional Pain Management

30-31 January 2026 | Leicester, UK

Lectures / Live Model Scanning Demonstration

Day 1

08:00 - 08:30	**Registration & Refreshments**
08:30 - 08:45	**Introduction**
08:45 - 09:15	**Headache & Facial Pain Syndrome Management** *(Ultrasound Guided Headache & Facial Pain Blocks)* › Supra & infra orbital nerve block › Maxillary division of Trigeminal nerve block in Pterygopalatine fossa/ Sphenopalatine block › Mental nerve block › Occipital nerves
09:15 - 09:45	**Cervical Spine Procedures (Anatomy & Sono-anatomy)** *(Procedures for Neck pain management)* › Cervical Facet and Cervical Medial Branches, TON › Cervical Nerve roots › Cervical Sympathetic chain › Greater Occipital Nerve
09:45 - 10:15	**Tea / Coffee Break**
10:15 - 10:45	**Upper Limb MSK pain procedures (Anatomy & Sono-anatomy)** *(Shoulder, Elbow, Hand & wrist pain blocks)* › Shoulder - Bicep Tendon, AC Joint, SASD Bursa, Gleno-humeral joint, Suprascapular Nerve › Elbow - Medial and Lateral Elbow, Ulnar nerve & Cubital Tunnel › Wrist - Carpal Tunnel & Median Nerve, Guyon's Canal & MCP joint
10:45 - 11:00	**Thoracic Spine procedures (Anatomy & Sono-anatomy)** *(Procedures for Thoracic spine pain management)* › Thoracic Facets & Costotransverse joint › Intercostal Nerves

11:00 - 11:30	**Abdomen & Pelvic Procedures (Anatomy & Sono-anatomy)** *(Abdominal myofascial pain & Pelvic pain management)* › Ilio-inguinal & ilio hypogastric nerve block › Rectus sheath, TAP plane › Quadratus lumborum block › Genitofemoral nerve block › Pudendal nerve block
11:30 - 12:00	**Lower Limb MSK pain procedures (Anatomy & Sono-anatomy)** *(Hip, Knee, Ankle & foot interventional pain procedures)* › Hip joint, Trochanteric complex & lateral femoral cutaneous nerve, hip articular branches RF › Knee - Knee joint & knee articular branches RF › Ankle - Tibio-talar joint › Plantar fascia
12:00 - 12:15	**Regenerative Medicine & newer joint injectables for Joint Pain Management**
12:15 - 12:30	**Radiofrequency & Cryoneurolysis for Pain Management**
12:30 - 13:10	**Neuromodulation for Neuropathic Pain - Patient selection - How do I do it?**
13:10 - 13:30	**Lumbar spine & Sacral procedures** *(Low back & buttock pain management)* › Caudal Epidural › Sacro-iliac joint & ligaments › Piriformis muscle injection › Lumbar Facet joint & Medial Branches
13:30 - 14:20	**Lunch Break**
14:20 - 15:20	**Ultrasound Live Demonstration of all the blocks** *(Head, Neck, Upper Limb, Thorax, Abdomen, Pelvis, Lower Limb, Lumbar Spine, Sacrum)*
15:20 - 15:50	**Cancer Pain Management - Updates**
15:50 - 16:20	**Sponsor Symposium**
16:20 - 16:50	**Tea / Coffee Break**
16:50 - 17:20	**Sponsor symposium**
17:20 - 17:45	**Feedback & Instructions for Day 2**

Leicester Masterclass on
Interventional Pain Management

30-31 January 2026 | Leicester, UK

Hands-on live model scanning and structured station practice

Live Model Scanning **Day 2**

07:45 - 08:00	**Registration & Refreshments**
08:00 - 08:30	**How to prepare for Ultrasound Certification Examinations?** *Certification in interventional pain ultrasonography (CIPS Exam)* › Exam structure › Communication, Knowledge and Skills › Exam technique › Clinical Examination Videos
08:30 - 09:00	**Block Replay session**
09:00 - 10:00	**Station 1**
10:00 - 10:30	**Tea / Coffee Break**
10:30 - 11:30	**Station 2**
11:30 - 12:30	**Station 3**
12:30 - 13:15	**Lunch Break**
13:15 - 14:15	**Station 4**
14:15 - 15:15	**Station 5**
15:15 - 15:30	**Tea / Coffee Break**
15:30 - 16:30	**Station 6**
16:30 - 17:30	**Station 7**
17:30 - 17:45	**Feedback and Closure**

Live Scanning Stations

Head, Neck, Cervical Spine
Cervical Medial Branch, Cervical Nerve roots, GON, Cervical Sympathetic Chain, Maxillary nerve, supra orbital, infra orbital, mental nerve

Lumbar Area, Pelvis & Abdomen
Lumbar Facet joint, Medial Branches, Caudal, Sacro-iliac joint, Piriformis, Pudendal Nerve, Ilio-inguinal, Ilio-hypogastric and Genitofemoral, QLB, Rectus sheath, TAP

Thoracic Region
Thoracic Facet, Costo-Transverse joint, Intercostal Nerve, Paravertebral Space and Erector Spinae Plane (ESP)

Shoulder
Shoulder joint, AC Joint, Long Head of Biceps, SASD bursa, Supra-scapular Nerve, Axillary nerve, articular branches to shoulder joint RF

Elbow, forearm & Wrist
Medial and Lateral elbow, Ulnar nerve, Cubital tunnel, Carpal tunnel, MCP joint

Hip
Hip joint, Greater Trochanter complex, Iliopsoas bursa and tendon, IT Band, Lateral Femoral Cutaneous Nerve, Articular branches of femoral, obturator and accessory obturator nerve RF

Knee, Ankle & Foot
Knee joint, Genicular nerves RF, Ankle joint, Tarsal tunnel, Plantar Fascia